

ESSENTIAL PACKING TIPS:

Joshua Generation 7 DAY Camp

Below is a list of items that you should bring along to the Camp. If there are any further queries please refer these to our registrar.

There is a balance between bringing too many clothing items and not bringing enough. Please follow our equipment list carefully. Also keep in mind:

- 1. Everything you bring should be packed in your rucksack or duffel bag.
- 2. Please fit everything on the packing list into one rucksack or duffel bag.
- 3. Please also bring a small backpack to use when we do outdoor activities or to carry your bible, notebook and pen in.
- 4. Pack any prescription medications and wallet in a ziplock bag with your name on it.
- 5. Leave your favourite clothes at home so they won't get dirty, muddy, torn, or damaged.
- 6. PLEASE PUT YOUR NAME ON EVERYTHING!
- 7. Please wear running or tennis shoes when you arrive at camp (not sandals or flip flops. Put these in your baggage).
- 8. Please wear clothes for the outdoors when you arrive at camp.



THE FOLLOWING ITEMS ARE NOT ALLOWED!!!

You may under no circumstances bring any of the following items along:

Tobacco, illegal drugs, alcohol or alcoholic beverages

Dangerous items such as matches, lighters, weapons, fireworks, firearms, pocket knives or similar.

Mobile phones

No video-type games, radios, DVD players or other electronic media

Snacks, including gum and mints

Jewellery & valuables



THE FOLLOWING ITEMS ARE REQUIRED

Head	✓	Foot Wear	✓
Hat or Cap		Ix Pair of running shoes or sneakers for outdoors	
		Ix Pair smart casual shoes (to wear with jeans)	
General Clothing		Ix Pair sandals or flip flops	
2x Warm jackets / sweaters		2-3 Pairs of wool or synthetic socks for running shoes	
Old clothes (Enough for 4-5 days)		Ix Pair of wool or Synthetic socks for semi formal wear	
Casual wear for lectures (4-5 days)			
2x jeans (at least 1 pair for smart casual wear)		Other Essentials	
Ix Tracksuit (For winter or rainy season)		Ix Small backpack for field trips	
Underwear (Use your best judgement)		Ix Quick drying chamois / travel towel	
Swim suit (Please get modest swim suits)		Toiletries	
For the young ladies - NO spaghetti tops, tank tops or similar		Sunscreen (SPF 30 or more)	
		Mosquito / Insect repellant	
		Torch	
Optional Items		Any prescription medication you require	
Small journal if you keep one		Water bottle	
Pocket money for Tuck shop		Sleeping bag / bedding (& extra blanket for winter)	
		Bible, note book & pen	
		Cutlery & Crockery (Cup, Bowl & Plate, knife, fork & spoon	